From

[The Doctor’s Name]  
[Qualification]

To Whom It May Concern

**Subject: Not fit for travel note for [XYZ]**

I am Dr. Adams, an oncologist of Mr. ABC. This is to verify that Mr. ABC is now completely fit for traveling via plane and by road. A few months ago, I restricted my patient, Mr. ABC, from traveling because he was on chemo, and it was not safe for him to go far from the hospital. His health was very fragile, and he was not in the condition to travel. I did not want him to take any risk as there is nothing more valuable than a person’s health.

Luckily, my patient is now on the road to recovery and his test results are also showing progress in his health. Although he is not completely fine as chemotherapy has effects that take a long time to go away, he is now fit for traveling.

I would advise Mr. ABC to travel within the country and go wherever he wants to go. However, for traveling abroad, we will have to wait for a month or more. I have disclosed the information as much as I was allowed to disclose. In case you want to know more about the health or fitness of traveling, you can reach me at [TEXT]. Thank you so much for your cooperation.

Doctor’s Name

Name of the department of practice

**Signature**

[DATE]