[Your Name]

[Street Address]

[City, ST ZIP Code]

[Date]

[Doctor Name]

[Medical Practice or Hospital Name]

[Street Address]

[City, ST ZIP Code]

Dear [Doctor Name]:

My patient, Graeme Smith has just recovered from jaundice. He is now capable of re-joining office but must observe the following work restrictions for the sake of his health. It should be noted that although he has recovered from the disease, his body is still weak and requires certain precautions.

1. He needs to refrain from fieldwork during the hot weather to avoid exposure to heat. Dehydration can have a negative effect on his already debilitated body.
2. He should not be assigned tasks that lead to physical exertion.
3. Business trips should be avoided as traveling can also cause exertion.

These restrictions must be observed for one month. A follow-up checkup after this period will determine if Mr. Smith needs to continue with these restrictions or can resume his ordinary work schedule.

Please call the provided number in case of any queries.

Sincerely,

[Your Name]